1	IN THE STATE OF WASHINGTON
2	IN AND FOR THE COUNTY OF YAKIMA
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12	DEPARTMENT OF LABOR AND INDUSTRIES PUBLIC HEARING-ERGONOMICS
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16	January 13, 2000 2:00 p.m.
17	Cavanaugh's Hotel Yakima, Washington
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24	REPORTED BY:
25	JESSICA SANFORD, CCR NO. SANFO*J350B1

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2	HEARINGS EXAMINERS:											
3	MR. TRACY SPENCER											
4	MR. MICHAEL WOOD											
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9										PAG	ΞE	NO.
10	JUVENAL PERALES									7	-	8
11	MIKE GEMPLER									8	-	13
12	VICTOR SERNA									13	-	14
13										16	-	17
14	MARTA AGUIRRE									14	-	15
15	ARANULFO QUTIERREZ									15	-	16
16	THOMAS COLLINS									17	-	19
17	JERRY ASPEVIG									19	-	21
18	JOHN JOHNSON									21	-	22
19	LEO SLAG											22
20	TERESA WHITE									22	-	24
21	DARLA YOUNT									24	-	27
22	JUDY BYRD									27	-	28
23	RICHARD NORDNESS									28	-	30
24	TERRY MELOY									31	-	32

1	5	T-E-S-T-I-M-O-N-Y	C-O-N-T-I-N-U-E-D			
2	MIKE WALKER			32	-	33
3	STEVE GEORGE			33	-	34
4	BILL NICACIO			35	-	39
5	BRIAN McGUIRE			39	-	44
6	JAKE JUNDT			45	-	47
7	AL HUBERT			47	-	49
8	JAMES JOHNSON			49	-	50
9	MARK GAUGER			50	-	52
10	CHERYL ANN RAY	VER		52	-	58
11	AL HOBART			58	-	59
12	MARK REVIS			59	-	60
13	DANIEL E. MORI	FIN		60	-	62
14	MARY PLACE			62	-	65
15	RANDY NOSTRANT	г		65	-	68
16	DAN DUGGAN			68	-	76
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3	MR. SPENCER: Good afternoon, ladies and gentlemen.
4	I now call this hearing to order. This is a public
5	hearing being sponsored by the Department of Labor and
6	Industries. I am Tracy Spencer, the standards manager,
7	and this is Michael Wood, senior program manager in
8	WISHA Services. We are representing Gary Moore, the
9	director of the Department of Labor and Industries.
10	For the record, this hearing is being held on
11	January 13 in Yakima, Washington beginning at 2:00 p.m.
12	as authorized by the Washington Industrial Safety and
13	Health Act and the Administrative Procedures Act.
14	Once the formal hearing is closed, staff will
15	remain and be available for questions for those of you
16	who did not get your questions answered.
17	If you have not already done so, please fill out a
18	sign-in sheet located at the back table. This sheet
19	will be used to call forward individuals for testimony
20	and to ensure that the hearing participants are notified
21	of the hearing results.
22	For those of you who have written comments that you
23	would like to submit, please give them to Josh Swanson

or Jenny Haze at the back table. We will accept written

comments until 5:00 p.m. on February 14, 2000, for those

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unable to submit comments today. Comments may be mailed
to the Department of Labor and Industries, WISHA
Services Division at Post Office Box 44620, Olympia,
Washington, 98504 or e-mail to ergorule@lni.wa.gov or
fax to area code 360-902-5529. Comments submitted by
fax must be ten pages or less. Those addresses and
phone numbers and e-mail address are in your handouts
that were provided.

The court reporter for this hearing is Jessica

Sanford of Central Court Reporting. Transcripts of the proceeding should be requested and are available from the court reporter. Also copies of the transcripts will be available on the WISHA home page in approximately three weeks.

Notice of this hearing was published in the
Washington State Register on December 1, 1999, and
December 15, 1999. Hearing notices were also sent to
interested parties. In accordance with the RCW, notice
was also published 30 or more days in the following
newspapers -- 30 or more days prior to this hearing:
The Journal of Commerce, the Spokesman Review, the
Olympian, the Bellingham Harold, the Columbian, the
Yakima Harold Republic, and the Tacoma News Tribune.

The hearing is being held to receive oral and written testimony on the proposed rules. Any comments

1	received today, as well as written comments received,
2	will be presented to the director. Prior to starting
3	the formal hearing, an oral summary of the proposed rule
4	was given and a question and answer period occurred.
5	Please refer to the handout provided to you at the door
6	for a copy of the proposed rule.
7	In order to evaluate the potential impact, economic
8	impact of the proposed rule on small business, the
9	Department completed a Small Business Economic Impact
10	Statement in accordance with the Regulatory Fairness
11	Act.
12	For those of you who have given oral testimony at a
13	previous hearing, you will be called upon after all new
14	testimony has been given, provided time permits. We
15	have several people that want to testify, so I ask you
16	to please limit your testimony to ten minutes. If you
17	don't need ten minutes, that's okay too. If time
18	permits, we'll allow for additional testimony to be
19	given after everyone has had the opportunity to speak.
20	Again, please keep in mind we've allowed for a full
21	month to receive written comments; again, the cutoff
22	dated being February 14.
23	Please remember that this is not an adversarial

hearing. There will be no cross-examination of the

speakers; however, the hearings officers may ask

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clarifying questions. In fairness to all parties, I ask

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2	your cooperation by not applauding or verbally
3	expressing your reaction to the testimony being
4	presented. If we observe these rules, everyone will
5	have the opportunity to present their testimony and the
6	director to consider all viewpoints in making a final
7	decision.
8	At this time we will take oral testimony. When you
9	come up, please identify yourself, spell your name and
10	identify who you represent for the record. Juvenal
11	Perales and Mike Gempler.
12	MR. PERALES: My name is Juvenal Perales. I am a
13	union representative for United Food and Commercial
14	Workers.
15	THE COURT REPORTER: How do you spell your name?
16	MR. PERALES: J-u-v-e-n-a-l, P-e-r-a-l-e-s. I am a
17	union representative for United Food and Commercial
18	Workers Local 1439. We represent approximately 6,500
19	workers here in Eastern Washington. Most of them are in
20	the grocery industry, but the ones I represent are in
21	the meat processing plant here in Yakima, Yakima Valley.

Most of them have caution zone jobs, example like

grasping knives and cutting near-frozen meats. These

jobs are highly repetitive and require their neck and

back to be at an upward angle for long periods of time

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throughout the day. Any education these workers could receive I believe would help cut down their injuries because workers do not receive any safety education about their jobs.

It will be of great benefit for them to receive ergonomics awareness education. Learning about the hazards of their specific jobs would reduce the probability of getting injured. Learning the symptoms and possible injury will help them recognize their problems earlier. That will help keep the cost of themselves and their employers down. I especially like the proposed rule that is aimed at reducing hazards to prevent injuries.

WISHA's experience and ideas should be put to use for the benefit of both the employer and employees. We hope that WISHA would be involved in the process of helping employers to come up with the solutions to their job hazards. What's most important to me is that workers' jobs are made as safe as possible. And I'd like to thank you for coming to Yakima and listening to the testimony today I gave to you. That's all I have.

MR. SPENCER: Thank you.

MR. GEMPLER: Good afternoon. My name is Mike

Gempler. I'm director of the Washington Growers League
in Yakima. Thank you for holding a hearing in Yakima.

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Mike, M-i-k-e, Gempler, G-e-m-p-l-e-r. The Washington Growers League strongly supports injury prevention, but we speak in opposition to these proposed regulations.

The proposed rules will have an undetermined impact on workplaces. In a phrase, they are open-ended and frankly, we consider them to be somewhat experimental. There's no provision in the proposed rules for accountability of the Department to ensure that these regulations, once they are adopted and begin to have an impact, will be effective and reasonable.

The lower risks of seasonal must be considered.

The proposed regulations do not take seasonality into account. Why should a workplace where employees will be working for only a few weeks be required to make the same expensive changes in equipment and schedules that a year-round workplace is required to make? Clearly, the risk of injury from repetitive motion and other musculoskeletal disorders is lower in these seasonal workplaces. The proposed regulations do not account for this important distinction.

The economic impact of the proposed rules could be destructive to agriculture. The regulations are open-ended with no definition of the potential impact on employers. The regulations have the potential of requiring employers to take measures that decrease

1	employee productivity or require large capital
2	investments for retooling of machinery and equipment.
3	The cost benefit relationship of these proposed rules
4	must be positive in order for agriculture to be able to
5	comply.
6	Many sectors in our agricultural industry cannot
7	afford to increase production costs, period. It is
8	particularly destructive to our industry. It adds
9	regulations that could increase production costs without
10	a corresponding cost benefit to reduced injuries and
11	workers compensation claims.
12	Compliance feasibility must include economics. The
13	definition of the term feasibility as used in.
14	WAC 296-62-05130 must include the economic
15	feasibility of employer compliance. These regulations
16	need something in writing that is akin to the concept of
17	reasonable accommodation in the Americans with
18	Disabilities Act. There is no process in place to keep
19	L & I accountable for its promises or to ensure that the
20	regulations are effective and reasonable. L & I has
21	promised identification of best practices in each
22	industry; development of ergonomics guides and modeling;
23	establishment of inspection policies and procedures;
24	testing guidelines with demonstration employers; and

provision of ergonomics compliance examples and

information. These promises must be kept and L & I must
be made accountable for their delivery.

This regulation is the most intrusive reach into the workplace since the creation of WISHA. As a result, legislative oversight is justified. There should be a sunset clause, legislative oversight and a report.

There should be oversight by the WISHA advisory committee.

We also support the concept of issuing the regulations as a pilot study. Business cannot pay the bill if these regulations are not effective in reducing injuries and lowering workers compensation costs. L & I should not be allowed to put these regulations into place and then go away. We want oversight and review and above all, accountability.

The phase-in schedule does not consider seasonal employment. The phase-in schedule, which is determined by the number of employees, was designed to give smaller businesses time to learn from the experience of the larger businesses and make changes over a longer period of time. Small, seasonal employers may have more than 50 employees, but only for a few weeks, yet they will be treated like large businesses when in fact they're small businesses that need the additional time. The phase-in schedule should be based on full-time equivalents

instead of the nominal number of employees.

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Agriculture is exempt from the proposed federal ergonomic standard. Because agriculture is exempt from the proposed federal ergonomic standard, we believe that state coverage of agriculture should be held at least until the federal standards for agriculture go into effect.

And finally, agriculture is taking a proactive approach to ergonomic safety. Agriculture is not among those industries with the highest incidence of musculoskeletal disorder claims, and as such, is not targeted by L & I for early implementation of the ergonomic regulations. Yet despite the comparatively good ergonomic record of agriculture, the Washington Growers League has coordinated a study of ergonomics in packing houses through the University of Washington Department of Environmental Health field study group. This has been done on a voluntary basis to determine what kind of improvements can be made to improve workplace safety.

The imposition of open-ended and potentially destructive regulation is not necessary to motivate our industry to improve workplace safety. Thank you very much.

25 MR. SPENCER: Thank you. Victor Serna, Marta

Aguirre and Ranulto Qutierrez.

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MR. SERNA: First of all, thank you for coming to Yakima and having the hearing today. I'm Victor Serna, last name is S-e-r-n-a. I'm business representative of Teamsters Local 556 in Walla Walla. As a business representative in the labor force, we represent a lot of private as well as public sectors, but the main emphasis is the meat packing industry, currently at Iowa Beef in Pasco, Washington.

In this time of occupation there is approximately 1,000 employees, 1,400 employees who do daily activities of a very repetitious nature. The meat packing industry, of course, they pack meat. A lot of these jobs are repetitious with knives, continuous person doing a job eight hours a day, six hours a day with the same cut, the same issues that are happening every day. During daily activity we see approximately always 30, 40, 50 people on some sort of light duty and a lot of them due to injuries of the repetitious nature of the wrist, shoulders and so forth.

We feel that the new rule wouldn't be of major,
major assistance for the workers, the labor force, which
we also feel should not only include high repetitious
jobs in industries, but also the gentleman before me
spoke, in the agriculture force as well.

I feel currently that agriculture as well, there is
not an accurate count of the number of injuries which
should also be included not only regular employees,
full-time employees, but also in the temporary and
seasonal areas as well. Currently the seasonal
employees work approximately several months, six months,
whatever, return back to wherever they come from, we
don't hear from them again. A lot of them take those
injuries with them and perhaps they don't return, which
aren't counted. So we think it also should be included
the labor force full-time employees as well as part-time
employees.
In the financial basis, I do agree. We feel that
the costs of implementing such a program is going to
cost quite a bit. But at the end, the costs of
implementation will outweigh the costs of the current
injuries we're dealing with on a daily basis.
With me today I brought two employees that I
represent who have suffered firsthand from repetitious
jobs. Currently one is currently going through the
injury, the everything associated with that. They
don't speak English, so I will act as interpreter as
well.

MS. AGUIRRE: My name is Marta Aguirre, M-a-r-t-a,

A-g-u-i-r-re. I work at the Iowa Beef, been there

employed for a year. My job is special trim. I have
worked the same job seven-, eight-hours a day

continuous. I hurt my right wrist. I have so far had

one operation on my wrist and looking at the possibility

of a second operation. I wish that rules were

implemented and provided for assistance to ensure that

this will not happen to other workers. That's all.

Thank you.

MR. SPENCER: Thank you.

MR. QUTIERREZ: My name is Aranulfo,

A-r-a-n-u-l-f-o, last name is Q-u-t-i-e-r-r-e-z. I work at Iowa Beef for six years. During the first couple of years I hurt my wrist. I also had surgery as a result of a repetitious job. It's been a short while or short time that the company has implemented an ergonomics program. But they've also put in new machinery and before what used to be six employees in one area. But with the implementation of the new machinery to assist us in the ergonomics area, the work force has been reduced from 16 to 10 in that area. And now we're doing the work of 16. We feel this program, this new rule, is something very important and could be effective at the companies, be more careful in the jobs we are doing. Also to act as an oversight to large employers where the programs are designed there's some sort of effective

tool to evaluate them by an agency.

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Like us, we work at Iowa beef, but there's also a lot of other employees or workers that are injured as a result of jobs. We are suffering. The workers are suffering. We are hopeful and hope that the laws are changed and improved.

In 1998 there was a complaint filed with Labor and Industries. The result of that complaint, Labor and Industries indicated there wasn't sufficient laws to actively improve or help the workers and that they will need better rules for enforcement. We feel that that is the only way to improve our jobs, is by having better rules and regulations to assist us.

We are talking about cost to the employers if these type of changes are made. But we are forgetting and not addressing what's the cost of a human being or a person for having permanent injuries for the rest of their lives. Basically that's the bottom line that we should be thinking about is the cost to the workers, the long-term injuries and disabilities.

MR. SERNA: Just to close it up, area of cost and the time to implement these rules. We understand it's something that's going to be very costly to the employers, you're thinking about three to six years. We feel that's a long time for them to implement. We

Collins and John Johnson.

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understand because of the magnitude of it it's going to take that long, but we do wish stronger regulation, oversights, having a mechanism in place for employees to be able to utilize a service, contact Labor and Industries and have the faith in the system that their injuries will be heard and their complaints investigated and have better inspectors trained and something in place so that when we file the complaint or we seek assistance, there's something in place to help the workers. Thank you.

MR. SPENCER: Thank you. Jerome Aspevig, Thomas

MR. COLLINS: Good afternoon and thank you for having this hearing. My name is Thomas Collins, T-h-o-m-a-s, C-o-l-l-i-n-s. I am the president of the local 69 of the Association of Western Pulp and Paper Workers. I represent the employees from the Wallula Mill. There are approximately 600 people in that mill. We have achieved safety standards at that mill that are commendable. We've twice had a million man hours without a loss time accident. We just had an accident where we had 750,000 man hours. So we take safety very seriously and I believe my employer does too. But the one area that we do not take seriously is the ergonomics problems that people have in that industry. It is a

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heavy industry. Most of the claims that I represent as the president of the union are around ergonomic problems; carpal tunnel syndrome; lower back strains.

These are all common in that industry.

I applaud the State for moving forward in this area. The cost of replacing an employee for six to eight months while they are off on carpel tunnel syndrome in my company is huge. It could be reduced by better knowledge of the jobs that these people will enter. We have a department, it's called power in recovery where we have approximately one-third of those people in that department have had carpel tunnel surgeries to their wrists, elbows and shoulders.

There is a study done by the state called the Sharp Study. I believe it was done in approximately the '80s where they came in and recognized that this was a problem area but there wasn't enough information at that time to create a program where we would learn what to do and how to solve these injuries. These injuries continue today. These people miss time from work, don't sleep nights, end up spending numerous hours going through training or retraining to get back on the job site, which costs the company money each time they do it. These are large costs to the company, I agree, but the cost overall to retrain somebody is even greater.

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I applaud the State again for doing this. I hope you continue with it and I hope to see that we get a better education system in our industry to help us to learn what we need to do and show which jobs are the jobs that people need to understand that they may be entering those areas that can cause a repetitive injury. Thank you.

MR. SPENCER: Thank you.

MR. ASPEVIG: Good afternoon. My name is Jerry Aspevig, J-e-r-r-y, A-s-p-e-v-i-g. I'm the business manager of the IBEW Local 984 out of Richland, Washington. We represent approximately 450 health physics technicians and industrial hygiene technicians working on the Hanford project.

In the past five years since being in several of the union leadership jobs, I've watched at least 15 percent of my membership suffer the consequence of ergonomic injury from their workplace at Hanford. Those injuries have extended from a few weeks of absence to nearly 18 months of absence. They've involved everything from a carpel tunnel, to neck injuries, to elbow injuries, a number of items that happened because of the work they do. For those of you that are aware of it or are not aware of it, today Hanford is a collection of old buildings that are aging at the rate of 50, 60

and 70 years. Through most of Hanford's life there was
little or no design changes to those facilities. And
back in the '30s, '40s and '50s when those facilities
were built, they were not built to be human friendly.
There are other factors at Hanford that make it
impossible to apply some of the human friendly
attributes to design structure. Combine that with the
1987 change in mission where Hanford changed from a cold
war military and energy research purpose to an
environmental restoration purpose and you increase the
motivation on the corporate structure there not to want
to put money back into those facilities to make them a
safer environment to work.

Over the past 13 years, some of the multitude of employers have found that they need to address ergonomics. We have a varied approach to ergonomics on that site, but on a voluntary basis it's not working.

My interest in being at this hearing is to convey to the hearing board the importance that as this rule moves through its development process and comes into existence that we do everything we can to minimize any type of reduction in what's going to require employers to do a valid, conscientious assessment of what you term the caution zone jobs. Some of these jobs are the type of things where if someone describes it to you verbally,

it might be like picking up a pencil. But if I'm standing on the top of a 20-foot ladder using a small tube like a pencil to do some sort of an examination or sampling process, it's not the same thing as someone picking up a pencil. I thank you for this opportunity.

MR. SPENCER: Thank you.

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MR. JOHNSON: My name is John Johnson, J-o-h-n, J-o-h-n-s-o-n. Thank you for coming today and listening to our comments. I'm here to testify as an individual. I'm in the construction industry. I'm here to testify against the ergonomic standards proposed by Labor and Industry. I'm part of the industry which as a whole is committed to safety.

When discussing the construction industry, we must realize that the ergonomic injuries reported in the workplace is going down each year. It is important for employers to strive for safety and I know more employers who do not try to send their employees home in the same condition that they come to work in. The standard as proposed fails to address hazards which are increasing, such as ergonomic injuries incurred by truck drivers, but stresses hazards which are a day-to-day occurrence in construction. But these incidents continue to climb. Why are we more concerned with industries which are reducing injuries than with those which are on the rise?

1	And my last comment is, the proposed federal standards
2	for ergonomics excludes construction, agriculture and
3	maritime for a number of reasons. The State's proposal,
4	however, includes these, and I'd like to know why. And
5	that's all I have. Thank you.
6	MR. SPENCER: Thank you. Darla Yount, Leo Slagg
7	and Teresa White.
8	MR. SLAGG: Leo Slagg, L-e-o, S-l-a-g-g. I'm a
9	small farmer, been at it for all my life. At our place
10	I think we have done about all we can do to reduce hand
11	lifting and so on. We still have to pick our fruit by
12	hand and we still have to try to do it with smaller
13	buckets and so on. I don't really believe that we need
14	any rules, but if there are industries that aren't
15	working to comply, so be it. But I think that the small
16	farmer should be exempt from it.
17	At our place we have forklifts wherever we can have
18	one. If we do any lifting, we try to do it as
19	economical as possible. And I don't envy your jobs
20	trying to make a rule that's going to try to cover all
21	the problems you seem to think we have. Thank you.
22	MR. SPENCER: Thank you.
23	MS. WHITE: My name is Teresa White, T-e-r-e-s-a,
24	W-h-i-t-e. I also thank you for coming to hear our
25	comments today.

I work for Putterbaugh Construction, who has been
in business for 45 years in the construction industry.
We have not suffered or experienced any
ergonomic-related claims in all of that time. I
understand that there are some industries that do need
an ergonomic program, but there are also some small
companies such as ours that it's not economically
feasible for us to provide this kind of service for our
work force. We do as much as we can, we follow all the
rules. We have safety programs in effect, we want our
people to go home safe. If there are other ways of
doing activities, we would be willing to explore that,
but we are concerned about the financial impact that
this rule may cause. Studying the caution zone
activities and finding solutions will take a lot of time
and I think more time and more money than the Department
of Labor & Industries is projecting that to be.
We are also concerned about the training and
discretion of the inspectors as well as the financial
impact of assigning citations when the employer and
inspectors do not agree on ergonomically feasible
solutions to these situations.
There are so many repetitive activities in
construction that we do do and we are willing to find a
way, and I think most employers are willing to find a

1	way to do that. But I just think that Labor and
2	Industries is not projecting enough, how much time and
3	money it is going to cost us small employers. Thank
4	you.
5	MR. SPENCER: Thank you.
6	MS. YOUNT: My name is Darla Yount, D-a-r-l-a,
7	Y-o-u-n-t. I'm a member of IDEW 984. I work on the
8	Hanford site. Approximately three years ago I started
9	having problems with my right arm. At night it would go
10	numb and wake me up. This was occurring four or five
11	times a month. Within several months, my arm started
12	going numb during the day after extended instrument use.
13	So I went to our on-site first aid with my complaint. I
14	was told I probably had tendonitis. I was given an arm
15	brace and told to take Ibuprofen as an antiinflammatory.
16	I returned to work with no restrictions.
17	Over the threes years since my symptoms started, I
18	have returned approximately six times to first aid or
19	HEF, which is Hanford Environmental Foundation. Each
20	time the diagnosis was the same. Ibuprofen was
21	perscribed and I was returned to work.
22	In June of '99 I once again returned to HEF with
23	almost constant pain and numbness in my right arm. I
24	had already missed about 60 hours of work due to the
25	pain in my arm since the first of the year. This was

1 time taken out of my vacation and sick leave.

2.

I was now experiencing pain and numbness in my left arm. I was once again told I had tendonitis and given a work restriction. The work restriction was patient defined and wearing my arm brace.

The physicians assistant that was evaluating my arm also referred me to Dr. Walter Hales. Dr. Hales is an orthopedic surgeon specializing in arms and upper extremities. After explaining to Dr. Hales my job duties, he examined me and diagnosed me with carpel tunnel syndrome. Dr. Hales explained to me that constant repetitive motion with my instrument was causing carpel tunnel in my arm to swell and restricting the nerve that it passes through.

At this point in time I was unaware that the type of work I do could possibly lead to carpel tunnel. I thought this was something only grocery clerks or persons keyboarding on a continual basis could get.

Dr. Hales informed me I had classic symptoms of carpel tunnel and he had in fact treated numerous people in the HBT field at Hanford for the same problem.

Dr. Hales felt that my carpel tunnel had progressed to the point I would require surgery in one or both of my wrists. He referred me to Dr. Dickinson for electromagnetic testing to determine the extent of my

1 condition.

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When I arrived at this appointment, I was told

L & I had approved testing for my right arm only. This

was due to a paperwork error at Dr. Hales' office.

Before Dr. Dickinson started the test, he explained to

me carpel tunnel can be treated very effectively without

surgery if it's caught early enough.

After the testing, he informed me I had a severe case of carpel tunnel and recommended I have surgery as soon as possible. When the nerves are restricted in this manner for extended periods of time, permanent nerve damage will occur.

Dr. Hales performed the surgery on my right hand
September 30, with plans to perform surgery on the left
wrist around the 1st of November. Lockheed Martin
protested my claim in mid-October stating they did not
feel this was work related. My job has not been
evaluated to determine whether my condition is work
related, and no independent studies have been conducted.

As of today I have been unable to get relief from the pain in my left arm, because L & I is holding my claim in abeyance until I have an independent medical exam in mid-february. My private insurance refuses to authorize surgery for my left arm because they view carpel tunnel syndrome as an occupational injury. If

1	L & I denies my claim, then my private insurance will
2	authorize the surgery.
3	What I hope the proposed ergonomic rules will do
4	for me and my coworkers is bring educational awareness
5	to our jobs and to ensure that our employers evaluate
6	our jobs to determine what type of ergonomic problems
7	we're dealing with.
8	I would like to see the six-year time table reduced
9	for large companies. It's been my experience that they
10	will wait until the last minute to do anything, and I
11	believe most of the large companies already have the
12	resources in place to implement these programs. Thank
13	you.
14	MR. SPENCER: Thank you. Judy Byrd, Manuel Arambul
15	and Richard Nordness.
16	MS. BYRD: My name is Judy Byrd, J-u-d-y, B-y-r-d.
17	My number is P563192. That's how I've been treated
18	since October 14 of '96 when I was hurt on the job
19	because of faulty equipment. I was forced to work at a
20	so-called light-duty job until my first back surgery. I
21	had to fight for any compensation, even after my second
22	back surgery. I am still in this entangled system.
23	In my opinion, L & I is on the side of the
24	employers and not the labor force. Why can't a company
25	have bingo games and the less L & I claims, the more

1	money in the pot? Is this motivation or manipulation?
2	I'm all in favor of job safety, but what about
3	intimidation? Maybe this is where L & I found the money
4	to pay employers millions of dollars.
5	I'm the injured party, not L & I, not the employer,
6	not the doctors, and not the lawyers. The policies and
7	laws need to be changed to help the workers that have
8	already been injured on the job and are entitled to just
9	compensation.
10	MR. SPENCER: Thank you.
11	MR. NORDNESS: My name is Richard Nordness, the
12	last name is N-o-r-d-n-e-s-s. I'm the executive
13	director for the Washington State Tire Dealers
14	Association.
15	Many of our members of the Washington State Tire
16	Dealers Association are very concerned with the proposed
17	changes that L $\&$ I is looking at in the ergonomic
18	policies. Our association, along with many other trade
19	associations, oppose L & I's state regulatory action to
20	establish ergonomic standards that are not in
21	consistents (phonetic) with the following criteria:
22	Support by clear and scientific research;
23	prioritization of ergonomics regulatory action based on
24	the highest frequency of the severity of injuries
25	related to workers based on L & I's workers compensation

1	data base.
2	Further, no business should be subject to
3	regulatory action unless they exceed an established
4	reasonable threshold of combination of risk factors and
5	loss time MSD workers compensation claims.
6	No. 3. Approach is narrow in scope and addresses
7	single workers' task activities known to cause
8	musculoskeletal injuries in exclusively similar working
9	and by industry classifications.
10	No. 4. The employer's economic program is
11	determined to be sufficient provided that the employer
12	has made reasonable attempt to identify ergonomic
13	hazards and is making reasonable attempts to correct
14	them. L & I may not substitute its judgement for the
15	employers' unless the proposed corrective action is a
16	true and effective solution that is technically feasible
17	based on scientific consensus, industry accepted general
18	availability, and economically reasonable.
19	No. 5. Flexible in allowing for a variety of
20	abatements as well as the induction of new remedies for
21	the abatement for each identified workers' task activity
22	without interference with lengthy regulatory action.
23	No. 6. Nonwork factors of workers such as obesity,

age, hobbies, et cetera, are required elements of

evaluation of the workplace abatement of musculoskeletal

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1 injuries.

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No. 7, which we believe is a very important one, is the pilot projects which affected industries are a significant part of the WISHA pre-rule development stage to mitigate the potential of inefficiency and costly mandates of business and potential job loss to workers.

No. 8. The quantitative outcomes and economic justifications are established in the initial adoption of each regulatory requirement along with a review and sunset or termination date if results are not substantially achieved. A portion of ergonomic claims should include nonwork factors that may be contributing to the injury.

No. 10, Language that would modify the State standard if and when it is passed so that the terminology, definitions and scope of the ergonomic regulation is consistent with the substantial -- and substantially the same as the endeavor or mandates of federal Occupational Health and Administration OSHA. As a state association, the Washington State Tire Dealers Association is always willing to work with the State and the Department of L & I to work out any issues in this relationship. And I thank you for having this here in Yakima so I didn't have to drive all the way to Olympia.

MR. SPENCER: Thank you. Steven George, Terry

1 Meloy and Mike Walker.

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MR. MELOY: My name is Terry Meloy, T-e-r-ry,
M-e-l-o-y. I'm a broker and part owner of Coldwell
Banker Associated Realtors in Yakima, Washington. We
are both in the property management and real estate
marketing business and while we probably won't be
directly affected other than maybe data input in either
one of our businesses, the contractors and vendors that
will be affected by this new ruling will create costs
that have to be passed on at least in the property
management field. Those costs being passed on to the
owners will then in turn be passed on to consumers which
is going to deteriorate an already lack of availability
of affordable housing in the Yakima area.

In the real estate marketing area, these costs as far as data input and that type of thing in our office, cannot be passed on. We're at the mercy of the marketplace. It's a supply and demand industry. Our average sales price last year in Yakima went up 3.4 percent; went up double digits, as you may hear about all the time on the west side of the mountains, especially in Seattle, Bellevue, Issaquah, Mercer Island areas. And until such time as the scientific community can definitely define injury-related causes and Labor and Industries can propose scientifically proven

1	remedies to prevent injuries, you should defer in
2	proposing and implementing rules which will raise costs
3	to the employer, possibly cause loss of jobs to
4	employees and even further deteriorate the quality of
5	life to real estate consumers by eliminating even more
6	affordable housing. Thank you.
7	MR. SPENCER: Thank you.
8	MR. WALKER: My name is Mike Walker, M-i-k-e,
9	W-a-l-k-e-r. I'm an area apple farmer and I don't have
10	a prepared statement today, but the things on my mind,
11	thinking back the last eight years I've employed almost
12	700 people. These are all caution zone jobs; picking,
13	thinning the trees, and I have had two
14	L & I claims in that amount of time. And none of them
15	have been work related, carpel tunnel, anything like
16	this. I really don't see where there's a problem, at
17	least not on my ranch.
18	I think these standards are too far reaching,
19	vague, and sometimes, well, they pin us down to the
20	point where we cannot comply. It's going to be
21	impossible. Construction industry is the same way. If
22	you're going to lift a brick, it's going to be heavy,
23	but you still have to lift it. The same with a bag of
24	apples.

So I think you ought to retool this and come back

1 and we'll talk about it maybe next year. Thank you. 2. MR. SPENCER: Thank you. 3 MR. GEORGE: Thank you for the opportunity to provide testimony this afternoon. My name is Steve 5 George and I work for the Hop Growers of Washington Association. S-t-e-v-e-n, G-e-o-r-g-e. I come to you today with a few concerns over the 8 proposed regulation. The first one is creating the regulations before OSHA, fed OSHA has completed its 9 10 process, therefore going beyond the scope of the national effort. We would prefer that we see what the 11 national effort brings and what that scope is before the 12 13 state jumps out ahead. 14 We would have preferred an educational process to be initiated first. I think the data shows that with 15 16 the reduction in claims that's currently occurring 17 something is being done right and I think we should build on that and continue with that and see where this 18 19 goes before we jump into a bunch of complex regulations. 20 We would have preferred that the department develop 21 some pilot programs and gathered more data before implementing these complex rules. The economic impact 22 could be very detrimental to our industry, agriculture, 23 which is still in a depression. Our industry is still 24

dealing and currently dealing with other major increased

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costs of operation. And like the gentleman before me, spoke, we cannot pass these costs on to the consumer. I wish we could. If we could pass these costs on, we'd like to do a lot of things out there that different groups, organizations and regulators would like to see us do, but we don't have the margins. If the public would like to pay more for food, we'd be all for it.

The phasing schedule does not consider seasonal employment, as you've heard previously. Most agriculture employers are small family operations, but many do hire temporary help for very short periods of time to do operations such as harvesting, as you've heard. To consider these employers as large is not accurate. The phase-in period, if this is adopted, should address this issue and give these employers more time to comply.

In many respects this rule is very vague. This is going to lead to further confusion for those who have to comply and very subjective enforcement. Further clarification, if this is to proceed, is needed very badly. Thank you.

MR. SPENCER: Thank you. What I propose to do is take about a five-minute break and when we come back, we'll have Bill Nicacio, Joe Walkenhawk and Brian McGuire. Come on back about three o'clock.

1	(A SHORT RECESS WAS HELD.)
2	MR. NICACIO: My name is Bill Nicacio. That's
3	Guillermo Bill Nicacio, I should say.
4	G-u-i-l-l-e-r-m-o, Bill, B-i-l-l, Nicacio,
5	N-i-c-a-c-i-o. And I represent the farm workers
6	Washington Farm Workers Union. I hate to disagree with
7	one of our earlier speakers, Mr. Gempler. He says that
8	the injuries in agriculture are going down. Mr. Gempler
9	stated that injuries in agriculture are lessening every
10	year and we don't see this. We work with in our
11	union we have what we call the injured workers
12	committee. And we have a representation or assigned
13	members of approximately 250 and growing.
14	We see injuries in a lot of the agricultural
15	industries; for example, packing sheds and canneries.
16	We see a lot of repetitive motion injuries; we see a lot
17	of skin, arm, forearm irritations and other illnesses
18	due to the chemicals that are used in the processing and
19	canning plants.
20	We see a lot of back injuries, and this is mostly
21	because of the employers speeding up the machinery where
22	the worker cannot keep up with the pace. We see a lot
23	of injuries in the milk industry. We see a lot of
24	tendonitis, arthritis, and other illnesses, the
25	arthritis and tendonitis coming from the butting of the

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cows, kicking, and slips and falls because, again, the pace is very fast in all of these jobs. We feel that more workers or less animals per worker would help greatly.

Meat cutters. That's a heavy job besides being also a very high speed, the chains are going where it causes a lot of injuries, a lot of back injuries, repetitive motion injuries. Slowing -- again, slowing down of the lines would be very, very helpful and recommendable.

Farm workers. I think that agriculture should be given a very special investigation because of the variety of different jobs. The jobs are short, the injuries are many. I think it was stated already that a lot of injuries are not reported.

Sensitivity to the doctors. We're saying that

L & I buys the doctors, okay? This is what we're

saying. And I think that the doctors should be also

given instructions so they can say, Yes, this is related

to the injury or this could be, at least, you know? But

when they say, No, this is not job related, then you

have to fight them tooth and nail and it's taken up to

ten years, sometimes, to establish a claim from the time

of injury. And farm workers, migrant workers,

especially, they lose out because they can't stay here

and fight. The instate workers will stay and they will
fight because they know they're injured. And it takes
them a lot of time and it takes them a lot of money
because they have to spend this money out of their
pocket in order to go see the doctor and doctor and
doctor and doctor until one doctor they'll find
somewhere, probably in Vancouver or Seattle, who has not
been bought yet by L & I here in the agricultural
community that will say, Yes, of course. How come they
didn't see this? So we're saying that, yes, agriculture
should be given special attention.

There is asparagus cutting. That's a backbreaking job. The pay is low. You stoop down and you're cutting asparagus and because of the low wages that are being paid, you don't raise until you start at the beginning of the row until you get to the other end, and by that time you can't hardly straighten up. And then you empty your bucket or whatever and down you stoop, and again. This is what, six weeks, but the damage is done. Okay?

Arching. Hop arching, that's tying the vines together. It's up here (indicating). It's only, what, four weeks, six weeks also, but look at the damage it's done. The pay, again, is low and the pace is fast and you have that slave driver out there, Move it. Move it.

Pruning. It was stated before the hearing that's a job that goes up here. And the pay is so low, then I read in the paper where the wages went down. There was a misunderstanding according to the company that the wages had gone down. They only had to prune the suckers, but not according to the field supervisors. They were saying you have to do a full pruning job on these trees. So I think that higher wages will help in all of these jobs that I mentioned.

Now, picking, thinning, all these are motions that they damage you and they are short-term jobs. And when you say that there's hardly any injuries, I would say, Hey, look again. There's injuries in just about every single phase of the jobs in agriculture in the farms.

So what we're saying is that L & I should start enforcing some of the regulations that they have. We're also talking to federal people and saying, Enforce your regulations and let's cut down on the injuries. Because all of these injuries are related to neglect, carelessness. The doctors -- I think most of the doctors feel that farm workers are either superhumans, robots or beasts, indestructible beasts, and that we don't hurt and that we are lazy; this is the impression they give to us. And when we go and say, Why are you having problems, they say, Because we feel that this

person is capable of working and he doesn't want to work. And that's the answer that we get from a lot of doctors and that's why we say maybe doctors should be sensitized. Thank you.

MR. SPENCER: Thank you.

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MR. MCGUIRE: My name is Brian McGuire with McGuire Lumber. B-r-i-a-n, M-c-g-u-i-r-e. I believe that the standard is going to be very difficult to enforce. It's going to be left open to putting wide interpretation by the compliance officers. And with the administrative costs that are going to be placed on the employers, it's going to result in loss of jobs.

I foresee an increased burden on the employers, a probable decrease in net wages for our employees due to reduced work hours, and I think that it's going to put the entire state of Washington in economic disadvantage in the world market.

As far as the standard goes, specifically the wording issues that I have, things like "Must be reduced," that language should be changed to reflect attempts that have been made to change the job out of a caution zone. The term "Degree of feasibility," wording here is most likely going to end up in court. I recommend something along the lines "Consistent within the industry's best practices." And then "Widely

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accepted nationally recognized criteria," in the construction industry there is none, and there's not for the lumber building material dealers and trucking industry.

I feel the rule is unfair to larger businesses.

The multi-employer liability rule or the Stoot

(phonetic) decision will stand under this standard

according to Dr. Silverstein, and that's going to

require the large businesses to bring smaller

subcontractors into compliance prior to their start

dates, which is going to increase costs to the larger

businesses and that needs to be addressed in the

economic impact statement.

The timelines for compliance are out of sequence. You need to change the rule to require analysis before education. As it stands, we have to educate our work force on problems and issues that we have not had an opportunity or the time to analyze.

Getting back to the best practices. The rule is based on applying best practices and developing best practices. There is no assurance that those practices will be developed. Make the Department of Labor and Industries create their own pilot program, establish the best practices and then write the ergonomics rule based on the reduction in claims that results from that

1 program.

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I feel the L & I costs are too low and that there will be a huge impact on businesses. L & I has only looked at part of the problem. There are no allowances for capital investments and equipment solutions, mechanization and that kind of thing, the cost of hiring and training new people to reduce the work loads on the existing work force, the problem with finding available workers. A real world cost analysis needs to be done before the cost benefit analysis can be accurate.

Appendix B does not adequately allow for compliance of the rule. The appendix needs to be revised to allow employers to better identify caution zone jobs. The references given do not contain information for all industries and most are scientific web sites that are not user friendly to laymen.

Additionally, many business do not have access to the Internet. Some of the references that have been given are at a price; they're for sale and that -- the costs of purchasing those needs to comply to the added economic impact statement.

There are no available resources for the construction industry, the lumber yards, or in the trucking industry. I contacted Kenworth and our insurance carrier, which is Parker, Smith and Feeks

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(phonetic) and they told me they'd be happy to help us with ergonomic solutions provided they were in an office setting. But the other jobs that we have, they said there is no data available.

The standard as it's written conflicts with the forklift standard; that's OSHA 29(c) FR1910.178104, which states that if the load being carried obstructs the forward view, the driver shall be required to travel with a load trailer. That means the forklift has to drive backwards. Doing so would cause the operator to excessively twist according to Appendix B, which can affect you guys a whole bunch.

There is no specific language on what to do to become compliant. Neither the standard nor Appendix B provides tools to help employers comply. L & I should include specific language to demonstrate that which can reduce hazards.

The educational requirements are too vague. Define what they want for education. I suggest that you include as detailed information on training as OSHA did with their forklift standard. Employers are required to be aware of ergonomics and -- excuse me. Employees are required to be aware of ergonomics and the risks of their job, but employers are required to identify the risks. The standard is not specific enough to detail

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how much of that risk has to be identified and how much of it needs to be trained.

The standard is not clear as to who is included or excluded. This will become an issue later and it should be addressed now. If the specific heavy equipment, like trucks, is excluded from the vibration standard, then the standard should state that. It doesn't. The standard should identify what movements are exempt as well as what kind of equipment. For example, twisting is not mentioned anywhere in the standard, so therefore we can assume that twisting is okay? Truck vibration is not mentioned. Will that be an issue later on? That needs to be in the standard.

For some industries it will be next to impossible to gain compliance despite any effort that they do. The standard does not recognize the varied work and schedules, the construction schedules. The standard fits for production line and office work quite well. The standard needs to include specific data for construction activities so that we can tailor work schedules within those guidelines.

Employers that choose to ignore the standard gain an economic advantage. There should be language in the standard that heavily penalizes those employers that cannot document any analysis, training, or other

1 attempts to comply with the standard. It has to be a 2. level playing field for the companies that are going to 3 comply and spend a great deal of money to bring themselves into compliance. 5 Some body shapes and sizes may not be able to do certain jobs. Add to the standard some language that 7 recognizes certain body shapes and sizes and types 8 cannot be allowed to perform specific jobs due to their physical size. Prohibit them from that task due to 9 10 their physical size if that job can't be changed out of 11 a caution zone job. Inflated experience factors. There will be a spike 12 13 in claims and experience factors will rise as new claims due to the standard are rated across previous, even 14 15 though there were no signs or symptoms of an ergonomic 16 injury while the claimant worked for the previous 17 employer. I propose that you should exempt employers with a 18 19 proven safe workplace based on experience factors. All employers with an experience of .8 or less should be 20 21 exempt from the standard because sound safety practices 22 are already in place according to L & I's own criteria. That's it for me. 23 24 MR. SPENCER: Thank you. James Johnson, Jake Jundt

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and Al Hubert.

1	MR. JUNDT: My name is Jake Jundt, J-a-k-e,
2	J-u-n-d-t. I'm with Tri-Ply Construction, general
3	contractors here in Yakima. We support a safe
4	workplace. The proposed ergonomic regulations by the
5	Department are unclear, open-ended and left to great
6	interpretation.
7	There is a major scientific debate and no consensus
8	on whether or how ergonomic practices would reduce
9	repetitive stress injuries. Is this a major issue as
10	portrayed by the Department? We do not think so as per
11	the past last three years repetitive stress injuries
12	have declined by 17 percent. They are now just
13	4 percent of the national workplace injury statistics.
14	The State should have tested the concept in
15	determining if implementation should occur. At the
16	present time there is no performance-based system that
17	presents a reason to carry out this program.
18	We support legislation to have a demonstration
19	implemented by the State Labor and Industries offices
20	first to bring them up to proposed standards and then
21	see if consideration is necessary. The evidence is not
22	in and field tests have not occurred and a performance
23	base is not established. We therefore oppose the
24	proposal as it presently stands.

If these rules are adopted without further

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1	scientific collaboration, many jobs will be automated.
2	A previous testifier stated that when new machinery was
3	implemented into the workplace, six jobs were
4	eliminated. It would probably be more cost effective to
5	implement new mechanical technology into many situations
6	than to spend the dollars to assess, on an ongoing
7	basis, I might add, and correct caution zone jobs. This
8	probably puts the most economically challenged people
9	out of work, exacerbating an already high unemployment
10	rate in our area. Who will support these folks? How
11	does this cost get included in your economic analysis?
12	Your data on number of claims seems to include all
13	claims except slips, falls, trips, auto accidents and
14	faulty machinery. Who has analyzed this data to
15	determine which of these claims are ergonomically
16	caused? In the same light, your referenced studies that
17	have justified these rules have not been published as to
18	process procedure used. These studies need to meet the
19	tests of a legitimate scientific community. I think
20	that an aggressive educational program is a better
21	approach and would yield results that would reduce these
22	types of injuries, which I believe is everyone's goal.
23	Thank you very much for coming to Yakima.
24	MR. SPENCER: Thank you.
25	MR. HUBERT: My name is Al Hubert, mayor of the

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city of Toppenish. I'm representing the City plus we have many small employers and we -- I sort of feel that this sort of represents another one of the unfunded mandates that are placed both on the public sector and now on the private sector. It's one that you want to put in effect right away; there's been no education done as has been mentioned before, been no -- anything in place to demonstrate what must be done. The City has approximately 60 employees; we have firemen, policeman, public works, secretaries, we have a multitude of things that must be done and different ways of doing it. So we really feel that you significantly underestimated the economic impact to employers and for the cost of this program. It would be up to us because you're going to impose the rules now and then we must go out and do all the demonstration or education to our employers or find out how we're going to do it. That is going to cost. We're a city with a small budget, a tight budget, and I might add an accountable budget, to our citizens, so this time it's pretty hard. I ask questions like well, first of all, we feel it does not give enough time

What happens when the changes in ways of job

getting into the costs of this rule.

to adequately assess the effects of the costs, as I'm

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performances happens? I don't see anything in there that would cover that. We may do one thing today and maybe a different way tomorrow because of how technology and job performance is changing. How will we determine who can perform certain job duties? Will you have a male or a female performance or will it apply to everybody the same? And as I asked before, individuals are different. They have different abilities. They can perform in different ways. So who's going to determine who can and who cannot and how much stress and what stress, other stress, will be put on the body perhaps of a person that's well built in muscles and one that is not? There's just a lot of things that need education and checked out.

Right now we have an enormous amount of rules and regulations we have to comply with and this is just another one. So I guess another question would be, if an employer and the L & I inspector disagree at a time, is there a process in place to settle it or are you just going to write a fine based on what that inspector determines? I think there's just much more that needs to be done in this area than just implementing it now and saying we're going to solve all the problems later. That is no way to do it.

You say there is a lot of flexibility in this, but

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as I've stated before, flexibility doesn't mean nothing when you're involved in a lawsuit. So what are they going to pinpoint down with the cause or why, if you have flexibility? Okay.

A lot of these other things have been already testified to, so I won't elaborate on them, but I feel that this needs another look at and especially in the cost that you're saying that is going to place on the employer, which is going to be very costly. And to a small city like us, we can see that happening. Thank you.

MR. SPENCER: Thank you.

MR. JOHNSON: My name is James Johnson. I've been working in the masonry industry since I graduated high school in 1970. J-a-m-e-s, J-o-h-n-s-o-n.

No business wants to have injured workers. My question is, will a proposed WAC reduce injuries? No one can prove that it will. In order to comply with the proposed rule, my industry will have to spend a lot of time and effort to change our methods of operation.

The masonry industry has been around since before the pyramids. Yes, many elements of the trade have changed since then. However, our finished product is still dependent on the human craftsman being able to touch the materials and put them into place.

1	My fellow workers have chosen to be in the masonry
2	trade. Masons serve a four-year apprenticeship to learn
3	this trade. They know early on about the possibility of
4	work-related injuries that are associated with the trade
5	that they have chosen. A bricklayer does not need a WAC
6	to tell him that his job is hard work or that it is a
7	caution zone job. Labor and Industries' efforts should
8	be placed elsewhere, such as increasing efforts through
9	consultation and education.
10	In closing, I would like to state that I am opposed
11	to this proposed standard. And thank you very much.
12	MR. SPENCER: Thank you. J. Allan Hobart, Mark
13	Gauger and Sharon Reyburn.
14	MR. GAUGER: Mark Gauger, M-a-r-k, G-a-u-g-e-r. I
15	am here on behalf of the Associated General Contractors
16	of Washington, Board of Trustees, which represents about
17	300 union and open shop contractors.
18	The AGC is committed to helping its members create
19	a safe and healthful work environment wherein workers,
20	irrespective of their position within the company, can
21	go home at night free of injuries.
22	The AGC of Washington goes on record opposing this
23	ergonomic standard as written. The following are
24	several flaws with the standard as it is written:
25	Feasibility. There is no affirmative definition. This

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standard gives no guidance to construction with proven fixes and best practices. The Department also admits in this proposal that they are not able to assist our industry. In the '60s it was feasible to put a man on the moon and bring him back alive. We need a more thorough definition of feasibility today.

Training and education. Training and education is the cornerstone of any good safety program. When our contractors have called the Department for help on job site ergonomic assessments, they are told that no help can be given to the field. Only to the office environment of their businesses. AGC would prefer that an educational and training program be instituted by L & I prior to implementation.

Cost. The cost associated with this standard will be astronomical. Not only for employers, but also employees. Within construction, a large portion of the workers are required by labor agreements to supply their own hand tools. Employers will be forced to issue new policies for existing and new employees to replace old hand tools with new, improved designs for their specific body type.

Labor. This proposed standard will impact labor.

Construction is a front line industry which builds the work station. As a front line industry, we are without

1	the ability at this time to purchase materials which are
2	smaller, lighter, and more user friendly. With building
3	materials as they exist, the construction industry will
4	be forced to explore mechanization which will displace
5	existing labor. Thank you.
6	MR. SPENCER: Thank you.
7	MS. RAVER: My name is Cheryl Ann Raver
8	C-h-e-r-y-l, A-n-n, R-a-v-e-r. I appreciate the
9	opportunity to speak.
10	I support the previous statements made by Mr. Mike
11	Gempler and Steve George, who represent the hop growers
12	of Washington. I am an HR manager for John A. Haas
13	(phonetic) and the international hop industry. I've
14	been working for 17 years with L & I claims.
15	As I shared in the public hearing in October of
16	this last year, I had the opportunity with Marylu from
17	L & I in 1994 to come to the work site with two doctors
18	from Wisconsin to do an ergonomic assessment. The
19	education that we gained from that is we were able to
20	educate our employees and also modify our equipment to
21	better help our employees in ergonomic carpel tunnel and
22	lower back injuries. That was a good thing and a good
23	relationship with L & I.
24	I think that education and consultation is a very

positive way for employers. All of the employers stated

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in the last hearing, they all spoke loud to tell you that they couldn't afford this, but none of them opposed education and consultation. I highly believe in that.

I think it's effective. I myself, because of the 17 years, have had the opportunity to do that.

I also thank John from L & I for having the tool box meetings in which us, as employers were able to go and educate ourselves on this. And earlier before we got to the question and answers, the gentleman stated he kept focusing on us, as employers we don't have to worry about those caution zones, those that don't fall under the caution zone jobs.

We, as a multistate employer and we, as a multi task employer being in manufacturing and farming, 80 percent of our employees are caution zone jobs. So this highly affects us. In the proposed rule, here it states that working with your hands above the head and elbow and above the shoulder for more than two hours a day per workday. We are in the hop industry. We do twining, in which the gentleman said that is a low-paying job, in my opinion, those gentlemen are paid very well. It's the first time I've ever been referred to as a slave driver.

We focus on safety and pride ourselves in being a safe employer. That's why our relationship with L & I is so good. We call on them and they come out and

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assess. We have a picking machine. We ask L & I to come out, assess our place, tell us what we need to do to make sure that that employee is guarded before their finger is pinched or before they lose an arm. So we are very safety-conscious and we pride ourselves in believing in our employees. In our safety meetings we tell them we don't want to have to call your family and tell them you're injured.

I attend all the safety meetings in Washington State; I listen to the employees. If they have a concern, we go out and assess what their concerns are and see if as an employer we can fix those. In those meetings some of the things that come up may be focused on ergonomics. We, as an employer have the opportunity to fix them by our choice. We're not being told by the State that all of it has to be done.

Also in HR we have job descriptions, we have job analyses. People were asking you earlier today to create one for each person. As an administrator of safety in my business, if you asked to have an assessment done for each individual because of their size or their performance level, you are asking me to increase my administrative, my paperwork. I would have to hire two more people to be able to do that.

With job description and job analysis, you're

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taking what the average person has the ability to do.

And if you go outside of that realm, you're asking us to
do a lot more. And I don't think sometimes people
realize the cost involved in that.

To do a job analysis by the State costs us approximately \$175. To have it done by an independent person it costs us about \$60. We take that times the number of employees that we have -- we are a seasonal employer, so when we state the twining that's being done, that is done 30 days out of the month. So 30 days out of the month that gentleman is putting his arms over his shoulder.

We have training of hops. That's another one where you state in here, Squatting for a total of two hours per day or kneeling for a total of two hours per day, workday. Two hours a day in my eyes is a light-duty job. Those are the employees that are coming and they've got -- the medical doctor has assessed that they cannot work more than two hours a day. If you enforce this in production and say somebody is only able to train two hours a day or somebody is only able to twine for two hours a day or harvest two hours a day, which is also another function that's done 30 days out of the year, what will happen is as an employer, we will look at this proposed thing as how can we replace it with

1 equipment.

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So farm workers are going to end up losing their job if we choose that because we can't have them up there twining more than two hours. What equipment can we invest in, because the cost for each individual, if they're assessed to do their job, will override what the equipment would cost us to replace them totally, and we would not have an employee work force.

Also, we are a multistate employer. If this was imposed and we, as an employer find that the cost is too costly for us to do production, we have the opportunity to say, Okay, we will reduce our acreage in Washington, increase our acreage in Oregon, process our hops in our manufacturing site in Sydney, Nebraska. We have other options, but you're affecting the economy in Washington State if this proposal goes through and pushes this on us as a cost factor.

The gentleman mentioned the cost factor earlier. When this was brought about, we figured in the office setting, let's take an estimate of a minimum of \$150 to do each site in which our employees sit and then we have manufacturing, so we have to take the manufacturing site, then we take the farming site, because we're a multisite. Then we have a warehousing, as Brian had mentioned with the forklifting and how that would be

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affected. If you take each of those employees and you take the cost that it would take to assess each of their sites and then fix their sites, we're not going to be able -- we're already affected in the industry. We are -- like they said, the industry is not good right now. To impose this, even if it is coming down the road, those that -- our board of directors are going to look at this and say, What is it going to cost us and is it worth it to have Washington State kept on? Can we go outside of Washington State? And we do believe that when the federal comes, then we would abide by it.

But we feel that Washington State should educate and consult and that would be the best way for all the employers in our area to benefit from the education of those that work for the State, that they have to provide for us. Thank you.

Oh, I'd just like to end with -- Mr. Gempler has said this and I'd just like to support him in saying it. The imposition of open-ended and potentially destructive regulations is not necessary to motivate our industry to improve workplace safety. We totally believe in safety.

I am very fortunate in my position to represent the employer and represent the employee. I'm the one that goes with the employee to the doctors; understand what they can and cannot do; I'm the one that's with the

1 employer when he comes back to work and he has to 2. perform that job. So I'm not all employer I am not all 3 employee. I'm the one that gets juggled in between and tries to make everybody happy. Thank you. 5 MR. SPENCER: Thank you. MR. HOBART: My name is Al Hobart and I am secretary-treasurer of Teamsters local 760. Our 7 8 jurisdiction runs from the Oregon border to the Canadian 9 border, right up through the central part of the state. 10 Our membership averages right around 5,000 and goes over 11 7,000 during the processing season. Again, I want to compliment, as some of the other 12 people testifying have done, that having this hearing 13 here today so all parties can come together, talk about 14 15 the issues pro and con, and reach a resolution down the road. I do support what is being proposed and I 16 17 underline proposed, because at this point in time it is a proposal. That's why we're here; to give input, give 18 19 criticism so that it can be changed, modified, whatever, to make it work for all parties. But it does have to 20 21 work. This is my 25th year as a union representative and 22 23 throughout those years I've observed many injuries, 24 ergonomic injuries, not only in the field, but in the

office. So these injuries are not congruent to one job

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function or whatever. They're widespread throughout all industries. Some of us choose to ignore that. And again, I would encourage business, labor, your agency to continue to work together to come up with a resolution.

Throwaway employees are no longer an option. When someone is injured permanently, they're injured for life, yes, they can be trained for another occupation. But that's not right, that's wrong. And when I say that, I listened to the argument today on the economic impact. Yes, there will be economic impact; not only to business but to labor. We need to balance that with the threat of injury and the realization that the injuries are there and they are going on as we speak. So this is very important that this program goes on and this proposal in some form is eventually adopted. And thank you for your time.

MR. SPENCER: Thank you. Mark Revis, Daniel Morfin and Mary Place.

MR. REVIS: My name is Mark Revis. I'm president of the Southeastern Washington Labor Counsel for local 348. It's obvious that it is the worker versus the industry and the employer. The costs now with the industry due to commerce from other countries has made it very competitive and very tough. One thing in the industry that I have never had is an employer call me

1 and say, Would you send me a 30-year veteran, a guy with 2. a limp, a guy who has given his life. You talked about 3 the temporary employees in the farm industry. They give their entire life with no pension, no benefits. They work until they can work no more. We need to have the ergonomic rules in place. They need to be in place so they can be fine tuned. You hear these employers, I've been in business for 40 years we're willing to do this. Well, in 40 years if they 9 10 haven't done it without the regulations, they will not do this. 11 I would encourage you to proceed with this. It is 12 very important. We do work with our employers to make 13 it a safe workplace, but it's very frustrating as an 14 15 agent to watch a member work and die within a year of retirement. We see this consistently where he has given 16 17 his all for the industry. Thank you. MR. SPENCER: Thank you. 18 19 MR. MORFIN: Good afternoon. My name is Daniel, D-a-n-i-e-l, E., M-o-r-f-i-n. I come representing the 20 21 Washington Farm Workers Union. We have a group of 22 injured workers. We have -- the numbers of injured workers is growing. We average about 150. These things 23 are being discussed now, the safety of workers. It 24

really makes me feel good.

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I just want to make an observation that this is the only meeting in the agriculture industry in Washington. The majority of the other meetings are on the other side of the mountains. The reason that so many farm workers get injured is because of the pressure, the abuse of farm workers.

There is another thing that hasn't been discussed here where there's a lot of injured workers. This is the abuse of chemicals out in the field. These are chemicals that are being prohibited, but still being used. They use them at night. They quit spraying five, six o'clock in the morning. They put another ticket. Labor and Industries never does an inspection of what kind of chemicals were used in those fields.

Another thing that is being done where farm workers have been denied the use of bathrooms when they need to go. The other field places inspectors out in the field to make sure that they're abiding by all the safety rules and that they have all the proper equipment.

The other is the process of claims or concerns.

Farm workers don't have any support when they go and make a claim with Labor and Industries. Labor and Industries has a tendency to listen to the employer and not to the employee, so the employee is at a loss when he wants to bring up a concern.

1 The amount of injuries, a lot of broken bones, et 2. cetera, are not reported because of intimidation from 3 the employers. They threaten them by saying, We'll fire you or you have to vacate the residence you're living in because that's my property. Thank you for coming to our valley, and we'll surely see each other at the state 7 legislature. MR. SPENCER: Thank you. MS. PLACE: Good afternoon. My name is Mary Place, 9 10 M-a-r-y, P-l-a-c-e, and I am here as the mayor of 11 Yakima, Washington. I have relatively mixed feelings about the testimony because I also am a registered 12 13 nurse. I have taught orthopedic nursing and I am very 14 well aware of the injuries of what we are speaking. And 15 I know you gentlemen are involved in a balancing act between the safety of workers and the very existence of 16 17 jobs and that's what I believe we are talking about 18 today. 19 I have some great concerns about the ergonomic 20 rules that are being proposed. Not that I am 21 necessarily opposed to all of them, but I do have some 22 concerns about them. Mr. McGuire from McGuire Lumber recognized several of those, and I would urge that you 23 look at many of those rules as well. 24

There is little or no scientific evidence to show

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that these proposed rules will make a difference in injuries and I would urge you to do some kind of pilot program to establish whether these rules will indeed get the effect that is desired. They are significantly more stringent than the federal OSHA rules. I am also concerned about that gravely.

The City of Yakima tries to run a good work force.

We do not want our workers injured. We want to protect
them in many ways as best we can from work force
injuries. But the rules the way they are outlined are
very vague, and I believe Mr. McGuire discussed that at
length, so I won't go into all of those details.

I at one point had a work station designed for me according to my height and work modes and it worked terribly. I was not comfortable using it. So I hope that you will allow the workers some input into what they can use. That they tell me, Oh, you should have it at this height or that height, it was very uncomfortable and I was unable to use it the way it was set up. So I hope you will allow the workers some input about what was happening to them.

But my major concern is what will happen to our work force if after two hours of repetitive motion our employees have to go home. I am very concerned that this will encourage workers and employers to have

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part-time employees without benefits. This would be a huge economic impact in our valley and I am very concerned about that.

As the City of Yakima, we have union rules and we have a civil service commission that defines a job and what that employee will do when that employee can no longer work because they're two hours of repetitive motion are up; what are we valued to do? We must be able to deal with the union and the civil service commission. I don't have an answer for that. I hope you do, because that's something we need to think about.

The City of Yakima and the County of Yakima has lost several prospective employers who were going to offer full-time jobs with benefits to many of our workers within this community. We desperately need these jobs and yet because of the stringent rules that the State of Washington has about work force rules, about taxation, we have lost many of these job opportunities, and many of these workers -- employers go elsewhere where the rules are less strict.

I know you are doing a balancing act, but I really encourage you to look at all of these things before you enact these rules. Thank you for your time and thank you for coming to Yakima.

25 MR. SPENCER: Thank you. What we're going to do

1	now is we'll take another five-minute break and we can
2	come back for the rest of the testimony, and then we'll
3	have another question-and-answer period for those of you
4	who would like to stay. So come on back at
5	four o'clock.
6	MR. NOSTRANT: My name is Randy Nostrant,
7	R-a-n-d-y, N-o-s-t-r-a-n-t. I represent local 8990 of
8	PAICE International, that's Paperworkers Allied,
9	Industrial, Chemical and Energy of Wallula, Washington.
10	I'm employed by Boise Cascade Corporation, corrugated
11	container division.
12	I personally attended the ergonomic training
13	provided by the Center for Occupational and
14	Environmental Health, Hunter College School of Health
15	Sciences, New York, New York. I am also active in the
16	volunteer safety program based upon the behavioral
17	science technologies implemented by Boise Cascade
18	corrugated container division in 1993. This system
19	of is a more complete program for job-related for
20	elimination of injury than is statistically proven.
21	It's an employee/management participation and it is
22	in-house successful as compared to bell curve
23	statistics. The enrollment of employees should be a
24	desired approach by Labor and Industry. Pay
25	participation is on work hours with no expenditure to

1	the company, as in overtime pay or additional training.
2	I observe people working. Through my observations, I am
3	able to tell them the dangers that their job does. I am
4	basically the fly on the wall.
5	But participation should be more than oral
6	presentation. Safety programs as outlined by the WISHA
7	program should include ergonomics. WISHA safety rules
8	are vague. The laws are required to bring in
9	information provided to employees by employers. It says
10	operation, but at what point is participation? Is it 2
11	percent of your work force or 100 percent of your work
12	force?
13	Labor and Industries should provide ergonomic
14	training to employers with 11 or less employees. These
15	businesses do not exceed a financial gain to hiring a
16	\$50-, \$60-, \$70- \$80,000-a-year consultant. Large
17	corporations should be required to implement an active
18	ergonomic/safety program that involves all levels of
19	employees from the CEO all the way down to the janitor.
20	Boise Cascade has implemented this at all of their
21	corrugated containers and all of their mills. Their
22	first one was in Rumford, Maine.
23	Overall cost is getting expensive. It's an
24	employee/employer participation. If there is one or
25	more employee with a distinct job that is not being

1	implemented that day, they can go out and do an
2	observation of an employee working and describe to them
3	the safety hazards they are doing. Ours is that we
4	implement to people that they're not keeping their back
5	straight; they're not bending at their knees.
6	Ergonomics exoskeletal; that's your muscles and your
7	bones. If they're overreaching, they need tools or
8	implements to make their job much easier on their
9	structure.
10	As labor, we also understand that if a person is

As labor, we also understand that if a person is from five foot six to six foot six, if a person needs to be able to stand taller up to this piece of equipment, then they can have a platform to stand on. But if a person is six foot six, that's too tall. You cannot really bring in a backhoe and dig him a hole to stand in. It's just not feasible.

Overall cost is inexpensive to the employer as compared to medical costs. It's very inexpensive. Programs that we participate in if we maintain a lower than average or lower than the corporation desires in accidents, then we are quarterly given an incentive program; that would be a dinner that everybody participates in. It's a little out of the ordinary day in, day out, but it does work. It does show to the employer that safety is there.

1	During the lean years, corporate asked labor to
2	take a pay reduction. Now that the dollar is strong,
3	corporates need to reinvest in their business to reflect
4	moving to the next century and ergonomics is a good
5	investment.
6	Man is a creature of tools and the use of tools has
7	created evolutionary change. But to make evolutionary
8	change, man has to use his brain and that requires
9	everyone from the CEO all the way down to the janitor as
10	to what can be done to make their job less stress upon
11	their bones, their nerves, their muscles. Thank you.
12	MR. SPENCER: Is there anyone else out there that
13	would like to testify on the proposed rules? Come on up
14	and state your name and spell it for the record, please.
15	MR. DUGGAN: My name is Dan Duggan. It's spelled
16	D-a-n, D-u-g-g-a-n. I represent United Steel Workers of
17	America 8147 out of Goldendale, Washington and I work at
18	Gold Metal Aluminum.
19	There's several issues I wanted to bring up here,
20	and first of all, I want to thank you guys for coming
21	here and having the hearing. And I made it on up over
22	the hill and through the woods there and passed a few
23	trucks laying on their back, but made it here.
24	One of the things that was brought up and was
25	talked about, and it's always a big thing with this, is

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the economic impact. And I really feel for you guys'

position as far as trying to deal with everything from a

real small business to a major corporation.

I work for a fairly -- I guess mid-sized corporation. They always like to say they're the small guy out there, which may be. According to Reynolds Metals, we are. But we are also a multimillion dollar outfit. And they talk about impact on, you know -well, we can't do things because of the impact on the company, you know. We're talking about crane training programs, and walkout tag out programs, and they whined about, you know, this is just too costly. Well, you know, it's when I hear people making comments about these things, it just kind of bothers me. As far as your regulation and stuff here, I actually feel that they need to be a little bit tighter. And I know you're just trying to get information right now. Some of it is just so loose I can sit there and make arguments on both sides of the fence and probably win both of the arguments.

One of the problems that we have at our workplace is that a lot of people are afraid to file claims. They say that claims are down. I have a person out right now on arbitration. She's been out of work for about four or five months now just because she, you know, of when

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she went and filed a claim due to a previous injury that she had with another organization. And she was told legally that she wasn't supposed to put down the details of that information when she filed her initial job application. She didn't put that down. So now all of a sudden they're going back six or seven years and they basically fired her, so now we were trying to get her back on arbitration. I don't know.

You know, I've been out in the work force for many years now. I know I strained my back down in BC and I don't know if I told this company that I've been working for for 22 years now that I had a claim there. So I'm also scared to file a claim because what they're doing is going back through everybody's records and digging up and saying, Well, you falsified records. But you know -- so that really gets into the problem of people wanting to file claims.

Also, we've had -- I've had workers come on up to me and say that, We were told by a foreman that if we file too many more safety things for as far as getting an injury or whatever that they'll have to get rid of us. Well, that's not -- they go around preaching that you're supposed to report any injury because things -- because where I work at it's very hot, there's a lot of chemicals, things can get infected, burns are serious

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and things need to be dealt with, you know, right then and there. Well, but then you go around telling somebody that, You keep filing these injuries, we're going to have to get rid of you, it's not very proactive.

We had a person from the Steel Workers come on in and talk to some of the different people in the different areas. They came into my particular area -- I work in the saw area and homogenizing area -- and he asked one simple question. He says, How many people in here have back problems? Everybody raised their hands. There was only one person out of that whole group that has ever filed a complaint or a claim on their back because they just can't afford to take the time off and they seemed to be getting dinked around with in the whole system.

I have one guy that he was out with a back problem and he literally told me, and I advised him against it, that he will go to a proper doctor so he can get released to come on back. Because we have a department manager that says, Not until you can do every function in this job can you come back. And, you know, we've in the past have made some reasonable accommodations for certain people in certain areas and that has worked. We've had people work six, seven years with those

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accommodations. And I think there are jobs out there that you can do. I'm not in favor of having someone continuing injuring themselves by being on the job.

So I know it's always hard to draw the line there, but I would really like to see your agency and the companies work a little bit closer with the unions where you have outfits that are represented by the labor organizations to work on these issues. Because simply letting some other company make the regulations on this is ludicrous, as far as I can see.

I have some very good management on down at the aluminum plant and I have some down there I wouldn't want to trust. As a matter of fact, I don't trust. And also as far as there's been some comments made about that we're stepping in front of the federal regulations and stuff. I think it's kind of a good idea to go ahead and be a forerunner in this type of thing. I feel that there's many things that we could be doing down there to prevent those injuries so we wouldn't have these claims and we wouldn't have people with the fear of losing their jobs. I don't want to see anybody get hurt and I honestly believe that most of the employers down there don't want to see anybody get hurt either, but a lot of times they look at the nickel-and-dime issues. And, you know, we've got to make that profit.

Also it was talked about on the subcontractor issues. We're getting a lot more subcontracting in our place, a lot of businesses are going to subcontracting, and the company's interpretation of it, because we have a lot of rules and regulations as far as coming onto our plant site and as far as civil rights and stuff.

I'm the head of the civil rights committee and different committees, and we always say that we're supposed to have everybody have the same rules and regulations when they come on. Now all of a sudden we're saying, Well, we don't have to pay attention to that because it's a subcontractor. That's his problem. Well, a year ago we had two 15-year-old kids in here working for a contract outfit that was doing concrete work.

Now, in our type of industry, we've got molten aluminum and hysters zipping on around the place and all sorts of heavy duty equipment. We happened to walk by and see these two kids looking at them saying, Damn, these guys look a little young. Then finally I walked on over and asked them, How old are you? 15. Oh, really? Brother, I think, was 16. What are you doing here? We work for this contractor. Found out it's the engineer's -- the cast house engineer's sons that are working there. I mean, we instantly got them on out of

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there. We don't want the kids to get hurt. I mean, you know, I think everyone that has some extra money and we do hire college kids and have them do certain jobs during the summer so they can go to school and get a good education, but there's no -- and the only thing that really happened to the engineer is that now he's the head of the whole maintenance department. I guess that's the way to go down there.

Also, you know, if we were to allow the subcontractors, oh, we don't have to pay any attention to any of these issues because they're subcontractors, what's going to happen to our labor force? It's a lot cheaper to go on out and get subcontracts because we don't have to do these things. And, you know, I'm looking at my job and stuff and I don't want any one of the subcontractors to get hurt either. They're often coming on in there and we're always tracking them down to make sure that they're doing things right. We get calls up there, they're working up above on these panels and stuff, molten metal down there, not wearing a mask, they don't have any scaffolding.

Mark over here has always -- he's our safety representative for the union. It's a continual thing to be on out there making sure that they don't get hurt.

And really we should be instructing them and educating

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them to do that. But the company has a tendency to look the other way. But I think we need to be working better together than what we're doing right now. I hope that through these programs you guys can work on that, we can get them going.

And also when they talk about these safety programs, one time we had a giveaway of a car that was in a drawing. Everybody that was safe got their name tossed in there and at the end of year there was a drawing for a car. I can't believe it. There was people that are upset because certain people were coming onto their crews -- because it was based upon your crew in your area -- Well, this guy is unsafe. We don't want him in here because he'll put us out of this thing for the car. People going around giving and it's not the way it should be done. I mean, safety should be for the fact that you go on home and you're a few dollars richer than when you came to work, but you've got all the same body parts. I thank you for your time and attention.

MR. SPENCER: Is there anyone else who would like to testify on the proposal at this point? If not, I want to thank you all for coming, and specifically those of you who testified. This hearing is adjourned at 4:15 p.m.

25 (HEARING CONCLUDED AT 4:25 P.M.)

1	CERTIFICATE
2	STATE OF WASHINGTON)) ss.
3	COUNTY OF YAKIMA)
4	This is to certify that I, Jessica Sanford,
5	Certified Court Reporter and Notary Public in and for
6	the State of Washington, residing at Yakima, reported
7	the within and foregoing hearing; said hearing being
8	taken before me as a Notary Public on the date herein
9	set forth; that said hearing was taken by me in
10	shorthand and thereafter under my supervision
11	transcribed, and that same is a full, true and correct
12	record of the testimony of said hearing.
13	IN WITNESS WHEREOF I have hereunto set my hand and
14	affixed my official seal this day of
15	, 2000.
16	
17	Note we Dublic in and for the Ototo
18	Notary Public in and for the State of Washington, residing at Yakima
19	
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1	FILING OF HEARING
2	The following deposition was filed with the Department
3	of Labor and Industries
4	on:
5	
6	TITLE: HEARING ON PROPOSED ERGONOMICS RULES
7	
8	CAUSE NO.:
9	
10	DEPONENT(S):
11	
12	RECEIVED BY:
13	
14	
15	
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18	
19	Please sign, date and complete the following:
20	
21	Return via AMS
22	return in enclosed envelope
23	file with clerk of the court
24	
25	JS